

Registration Form

Name/Age

PO Box _____ C/H

Phone Number:

Fee: \$60 for the 8 week program.

(There are additional fees for uniform/testing as determined by the instructor)

Beginning Saturday, February 13th

1st class (Ages 5-7) 1-2pm

2nd class (Ages 8-Teen/Adult) 2-3pm

Parent Signature (for children under 18)

Please return registration to Lee Oliver at Youth Center or Garth Griffin at the FIT Center by February 11th, 2010.

Shotokan Karate is a traditional Karate Style which has a number of benefits for children.

Character building
And the development of
Self esteem
Self discipline
Self defense
Self confidence

In addition to the mental aspects of karate, students also develop physical benefits through coordination and focus, balance and strength in a non-competitive atmosphere in which children can develop at their pace while participating in a sport activity.

Shelter Island
Community Youth
Center



Shotokan Karate

With
Helene Ely

Phone: 631-749-0309