

# GOT SICK? BY A TICK?

The Shelter island Deer and Tick Committee  
requests the help of anyone who has contracted a tick-borne disease on Shelter Island.

Please write or email us a brief description of your experience  
with any of the tick-borne diseases found on Shelter Island.

We would like to know:

1. Your name \_\_\_\_\_  
(we will keep this confidential if you so request)
2. What type of tick bit you, what year, and who determined this? \_\_\_\_\_  
\_\_\_\_\_
3. Were you treated by a doctor and if so what disease were you treated for?  
\_\_\_\_\_
4. Approximately how long did the treatment last? \_\_\_\_\_  
\_\_\_\_\_
5. What was the outcome of the treatment? \_\_\_\_\_  
Do you have any lasting symptoms or problems? \_\_\_\_\_  
\_\_\_\_\_
6. Did you have a short course of disease or was it a protracted illness?  
\_\_\_\_\_
7. If you have had more than one experience with tick-borne diseases, please list all.  
\_\_\_\_\_  
\_\_\_\_\_

This information will help all of us by enumerating the incidence of disease which will aid our effort in procuring funds for further tick-borne programs. Not all cases are reported to the County Health Department so your experience can make a difference to Shelter Island when it comes to carrying out our tick management programs.

Please send your letters to:

see back of this form to add stamp, seal and mail

Rae Lapides, Chairman, Shelter Island Deer and Tick Committee  
PO Box 1251  
Shelter Island Hts, NY 11965

Please send your emails to: [raelapides@optonline.net](mailto:raelapides@optonline.net)

Your input will be valuable to us all. Thank you for your help. The Shelter Island Deer and Tick Committee